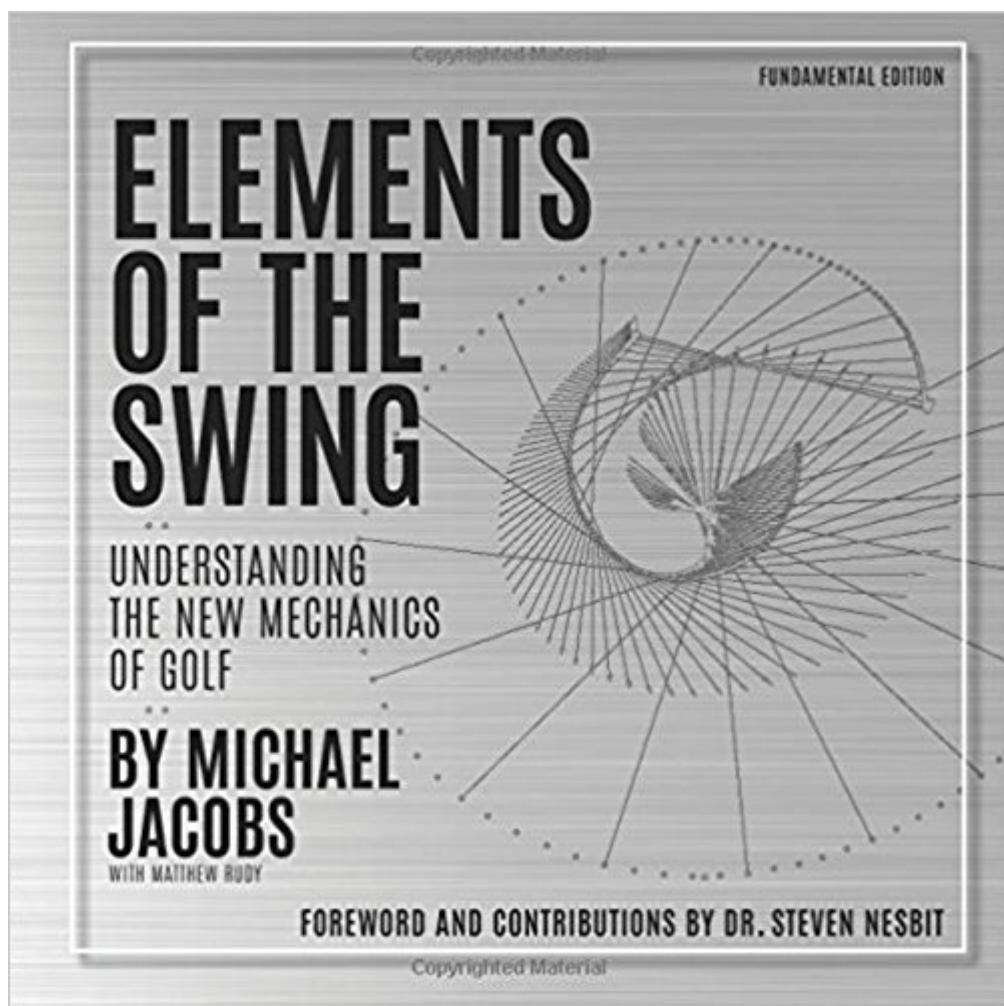


The book was found

# Elements Of The Swing: Fundamental Edition



## **Synopsis**

For as long as golfers and golf instructors have been in the game, they've been searching for better ways to understand the swing. Until now, they've always had to rely on the RESULT of a swing—“seeing positions or movement live or in pictures or video, or data on TrackMan. Not anymore. In the Elements of the Swing, Michael Jacobs introduces the first swing analysis that looks at what CAUSES the club to move. Based on a seven-year research project with preeminent golf scientist Dr. Steven Nesbit, Elements of the Swing uses analysis from Jacobs and Nesbit's cutting-edge new software to show for the first time WHY a club moves the way it does, not just HOW. Elements of the Swing is the first book to explain the basic physics of the club's movement in a way that any player or teacher can both understand and immediately use. You'll learn about the factors that give each swing its unique fingerprint, and how to change your swing in ways that lead to improved performance—not just improved positions, aesthetics or numbers on a TrackMan screen. It will become one of the game's standard teaching texts.

## **Book Information**

Paperback: 162 pages

Publisher: CreateSpace Independent Publishing Platform (August 12, 2016)

Language: English

ISBN-10: 1535189436

ISBN-13: 978-1535189439

Product Dimensions: 8.5 x 0.4 x 8.5 inches

Shipping Weight: 13.8 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 starsÂ See all reviewsÂ (23 customer reviews)

Best Sellers Rank: #37,779 in Books (See Top 100 in Books) #36 inÂ Books > Sports & Outdoors > Golf #292 inÂ Books > Sports & Outdoors > Individual Sports

## **Customer Reviews**

Very informative and different from most golf instructional books. It is not a how-to manual advocating a particular swing. It is a presentation of teaching concepts describing and showing the hub path (point between the hands), shaft, and club head during the swing of a high handicap player, scratch player, and professional and the forces and torques that caused the swing. The book doesn't spell out these differences in most cases and attention and some effort is required to compare and contrast the diagrams. That is where most of the learning takes place. Although more than half of the book is graphics generated by 3d software, it is neither a quick read nor for the faint

of heart. The book will be most useful for golf professionals already using Trackman and other technology during lessons. This book provides data and diagrams that challenge some of the central tenants of conventional golf instruction. For that reason the book has stirred a hornets nest within the golf instructor community and drawn harsh criticism from some. A David Ledbetter or Hank Haney book on the full swing it is not. As a mid-handicapper I rate the book 5 stars because it has helped me in the past two weeks. I have consciously changed my hub/hand path, resulting in better contact and stronger ball flight. The book describes among several concepts the importance of the hand/hub path, the point between the hands on the grip, and it provides diagrams and data. I have concentrated on one thought: "good players generally move the hub path in a way that causes the club to stay back and close to the body at the beginning of the downswing, and then they make a sharp curve with their hub to allow the club to swing out and snap around down near impact. Poor players do the opposite.

[Download to continue reading...](#)

Elements of the Swing: Fundamental Edition The LAWs of the Golf Swing: Body-Type Your Golf Swing and Master Your Game The Square to Square Swing - The Most Accurate Swing in Golf Roofing (Fundamental Series) (Passbooks) (Fundamental Passbooks) Negotiating the Complexities of Qualitative Research in Higher Education: Fundamental Elements and Issues The Encyclopedia of Crystals, Herbs, and New Age Elements: An A to Z Guide to New Age Elements and How to Use Them LIBRO CLÁSICO DE LA REPOSTERÍA, EL. Las 100 mejores recetas (Cocina (swing)) (Spanish Edition) JUKE BOX COMICS 1 (Issues 1-2-3): TRUE STORIES OF BAND LEADERS, SINGERS, SONG WRITERS, MUSICIANS AND ENTERTAINERS FROM THE 'SWING MUSIC BIG BAND' ERA JAVA: Quick and Easy JAVA Programming for Beginners (Java, java programming, java for dummies, java ee, java swing, java android, java mobile java apps) The Back in the Swing Cookbook: Recipes for Eating and Living Well Every Day After Breast Cancer The Swing!: Lose the Fat and Get Fit with This Revolutionary Kettlebell Program A Treasury of Great American Scandals: Tantalizing True Tales of Historic Misbehavior by the Founding Fathers and Others Who Let Freedom Swing The Keys to the Effortless Golf Swing: Curing Your Hit Impulse in Seven Simple Lessons (Golf Instruction for Beginner and Intermediate Golfers Book 1) Positional Hitting: The Modern Approach to Analyzing and Training Your Baseball Swing Understanding the Golf Swing Golf Swing Secrets... and Lies: Six Timeless Lessons The X-Factor Swing Search for the Perfect Swing: The Proven Scientific Approach to Fundamentally Improving Your Game How to Find Your Perfect Golf Swing Golf Digest: The Swing: The Secrets of the Game's Greatest Golfers

[Dmca](#)